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NHS

Sheffield Teaching Hospitals
NHS Foundation Trust



The 2nd National Dietetic Gastroenterology Symposium

The Crowne Plaza Royal Victoria, Sheffield
(formerly Holiday Inn Royal Victoria)

Friday, 17th May, 2019



For the latest
information about the
meeting and all things
gastro in Sheffield,
follow @shefgastro on
Twitter!

Dear GI Friends & Colleagues,

We hope you will support this meeting. You may have already attended the inaugural meeting in 2017. This meeting is trying to support UK GI Dietitians; the topics and speakers have been suggested and picked by Dietitians.

This is the 2nd Sheffield National Dietetic GI Symposium. The programme includes hot topics about areas of our GI practice, and examples of great practice! The speakers selected are nationally and, for some, internationally recognised. We hope that the talks are relevant and will influence your clinical practice. It may be contentious but we hope you will find this both interesting and inspiring.

The inaugural meeting had >240 delegates in attendance. Feedback/evaluation forms suggest a >95% good to excellent rating.

So please share this brochure out with anyone in your department who you think may be interested. The meeting is entirely free and there are 300 places. We have to pay for the delegates upfront (approximately £100 per person) and for this reason I really want to make a plea that if you have registered and are not able to attend please let us know so we can let someone else use that place.

To register please email maria.hackett2@nhs.net with your name, position, hospital base, contact number and email address. Please also let us know if you have any dietary requirements.

The meeting is entirely free and Sat Nav postcode is S1 2AU

The venue, The Crowne Plaza Royal Victoria (formerly the Holiday Inn Royal Victoria), is easily accessible just 10 minutes from Junction 33 on the M1 (just off the A57 on the outskirts of Sheffield City Centre, thus avoiding traffic). This is very close to the Sheffield train station so jumping on a train from where you are brings you to within a 5 minute taxi drive or 15 minute walk to the venue. Parking is free of charge. On the day, all delegates will be provided with relevant papers and reviews which will hopefully augment talks.

We do hope you will attend.

Best wishes,

| | |
|---------------|----------------|
| Nick Trott | Kate Latimer |
| Sean White | Beth Rutter |
| Rachel Buckle | Christian Shaw |

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L to R: Christian Shaw, Rachel Buckle, Beth Rutter, Kate Latimer



Nick Trott & Sean White

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| | |
|--------------------|--|
| 9.30-9.55 | Welcome, registration and coffee |
| | Introduction Nick Trott & Sean White |
| | Gluten Gremlins! Chair: Sean White & Christian Shaw |
| 10.00-10.30 | A Gluten Free Diet is a Risk! Nick Trott |
| 10.30-11.00 | Coeliac Disease Hot Topics Dr Anupam Rej |
| 11.00-11.30 | Coffee |
| | New Horizons Chair: Kate Latimer & Beth Rutter |
| 11.30-11.45 | Pancreatic Insufficiency: The Hidden Epidemic Professor Andrew Hopper |
| 11.45-12.00 | Bile Acid Diet! Professor David Sanders |
| | State of the Art Lecture |
| 12.00-12.30 | Microbiome in IBD Professor Tariq Iqbal |
| 12.30-1.30 | Lunch & Exhibition Fair |
| 1.30-2.30 | Dietary Therapies in IBS Roundtable Yvonne Mckenzie, Miranda Lomer, Nick Trott, Amanda Avery & Imran Aziz |
| 2.30-3.00 | Coffee |
| | Nutrition in our General GI Practice Chair: Nick Trott & Rachel Buckle |
| 3.00-3.20 | How can we best support patients to make the decision to have a gastrostomy placement? Sean White |
| 3.20-3.40 | Update on PENG Nutritional Requirements Liz Weekes |
| 3.40-4.00 | Probiotics, prebiotics, what advice should I give my patients? Dr Bridgette Wilson |
| 4.00 | Chair : remarks and close of meeting |

Faculty

Professor Tariq Iqbal
University of Birmingham

Yvonne McKenzie
Oxford University
Hospitals

Miranda Lomer
King's College, London

Amanda Avery
University of Nottingham

Liz Weekes
Guy's & St Thomas',
London

Dr Bridgette Wilson
King's College, London

Local Faculty

Based at Sheffield
Teaching Hospitals

Nick Trott

Sean White

Rachel Buckle

Kate Latimer

Beth Rutter

Christian Shaw

Dr Anupam Rej

**Professor Andrew
Hopper**

**Professor David
Sanders**

Dr Imran Aziz

Registration is free

To register your place please contact Maria Hackett on
0114 226 1179 or email **maria.hackett2@nhs.net**



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DrSchär



The above sponsors have supported this meeting through a payment to exhibit a stand. They have had no involvement in any other aspect of the meeting.



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