

VitaMix



Mixture of vitamins, minerals and trace elements

INDICATIONS

For the dietary management in deficiencies in any restrictive diet, e.g. inborn errors of amino acid metabolism, elimination diets and low protein diets for the management of chronic renal disease.

DESCRIPTION

VitaMix is based on a mixture of vitamins, minerals and trace elements and may be used for the dietary management in deficiencies in any restrictive diet, e.g. inborn errors of amino acid metabolism, elimination diets and low protein diets for the management of chronic renal disease. VitaMix is suitable for the dietary management in infants, toddlers, children and adults.

RECOMMENDED USE

The daily amount of VitaMix depends on age, body weight and individual metabolic condition. The dose of VitaMix is to be monitored and adjusted by the physician regularly. The daily amount required should be divided into three portions (prepared with water according to the instructions), and taken together with other food. Other sources of vitamins and minerals should be considered.

IMPORTANT NOTICE:

Not suitable as a sole source of nutrition

- Must be used under medical supervision
- Not suitable for parenteral use
- Suitable from birth
- The suggested amount of VitaMix must take into account the intake of vitamins, minerals and trace elements from other foods

Ingredients: Maltodextrin, di-Calcium phosphate, tri-Calcium phosphate, Magnesium carbonate, Choline bitartrate, Vitamins (A, D, E, K, C, B₁, B₂, Nicotinamid, B₆, Folic acid, Pantothenic acid, B₁₂, Biotin), Inositol, Iron-II-sulfate, Zinc sulfate, Manganese sulfate, Copper sulfate, Sodium molybdate, Chromium-III-chloride, Sodium selenite, Potassium iodide.

Net weight: 200 g

Shelf life: 24 months

Nutrition facts		per 100 g
Energy	kJ / kcal	1435 / 338
Fat of which	g	< 0,5
saturated fatty acids	g	< 0,1
Carbohydrates of which	g	84
Sugar	g	6,2
Protein	g	0,5
Salt	g	< 0,01
Minerals		
Sodium	mg	< 5
Potassium	mg	< 10
Chloride	mg	< 40
Calcium	mg	2500
Phosphorus	mg	1700
Magnesium	mg	375
Iron	mg	70
Choline	mg	350
Inositol	mg	700
Trace elements		
Zinc	mg	46
Copper	µg	4600
Iodine	µg	335
Chromium	µg	140
Manganese	µg	4600
Molybdenum	µg	350
Selenium	µg	140
Vitamins		
Vitamin A (RE)	µg	3703
Vitamin D	µg	48
Vitamin E (α-Tocopherol)	mg	47
Vitamin K	µg	126
Vitamin C	µg	400
Vitamin B ₁	µg	2932
Vitamin B ₂	µg	5159
Niacin	mg	39
Vitamin B ₆	µg	3101
Folate (DFE)	µg	737
Pantothenic acid	mg	24
Vitamin B ₁₂	µg	6,7
Biotin	µg	86

Suggested intake of VitaMix: g / day	
0 – 4 months	10 g
4 – 12 months	14 g
1 – 3 years	19 g
4 – 12 years	22 g
12 – 15 years	30 g
13 – 18 years	35 g
from 19 years	30 g
1 level scoop = approx. 5,0 g	